



Tap into your body's natural renewal system. You have everything already inside of you to stay young, healthy and vibrant for life. Hyp-Yoga is the evolution of the mind-body fitness that guides you through the journey of reaching your goals while staying balanced and in the present moment.

We know that yoga is a powerful tool that allows us to reconnect with ourselves and to rejuvenate. **Hyp-Yoga takes us deeper into this natural process by connecting what our mind wants with our actual behaviors** by using powerful tools such as hypnosis, NLP, visualization, and guided meditations.

Help us Bring Hyp-Yoga to You!

Hyp-Yoga is expanding all over the US starting this summer, and we would love your help in getting to your town quicker. Hyp-Yoga supports local studios and works with them to bring Hyp-Yoga to students like you. If you would like to see Hyp-Yoga at your local yoga studio as soon as possible, the best thing to do is to let your studio know and to let us know too! We want this to be fun and easy, so here is the Hyp-Yoga Petition for you! The petition is designed as a way for you to generate interest in your community and show this interest to studios in your city and to us.

Here's a few easy steps to follow when using this Hyp-Yoga Petition:

1. Print out this form and "hit the streets" for signatures. Getting names of friends, family, co-workers, etc. that are interested in seeing Hyp-Yoga offered at a local studio in your city. We have also included a place for email addresses if your people would like to be updated on the progress of bringing in Hyp-Yoga and when the first classes will be offered.
2. When you have all the names you can handle, send the petition and THIS form into our Hyp-Yoga Headquarters at

Hyp-Yoga Inc.
1066 Howard Street
Omaha, NE 68102

Fax: 402-916-9437
Email: carly@hyp-yoga.com

3. Then we take over the rest! We will use the list names (first name, last initial, NOT the email addresses) to talk to local studio(s) of your choice, or if you have no preference, we will talk to select studios in your area. We will also then send you a Hyp-Yoga T-Shirt for all your help in spreading Hyp-Yoga and being a part of so many peoples' journeys to becoming healthy, well-balanced, young and present! (Be sure to let us know your shirt size.)

Your Information

Full Name _____ Shirt Size _____

Email Address _____ Phone # _____

Address _____

City _____ State _____ Zip _____ Part of Town _____

City where you would like to bring Hyp-Yoga _____

Studios, Addresses and Contact Information where you would like to see Hyp-Yoga

Studio 1 _____ Contact _____

Studio 2 _____ Contact _____

Studio 2 _____ Contact _____

Tell us more about you and your interest in Hyp-Yoga (if you like!) _____

