



## ***YOGA LIVE***

**Find your Flow with a  
Vinyasa class accompanied  
by Live Music!**

## ***Benefit for Haiti***

**Connect To Your Rhythm:  
Saturday, April 17th at 7pm**

**Cost: \$25**

**Gretna HypYoga School**

*A meditative flute melody stretching the spine in downward facing dog,  
an energizing drum beat firing-up your warriors,  
a soft gong pulse focusing your drishti.*

Proceeds will go to **Fonkoze**, a micro-financing bank in Haiti. Learn more about the organization at [www.fonkoze.org](http://www.fonkoze.org). Sign-up Today with Megan Minturn or [www.omahayogaschool.com](http://www.omahayogaschool.com)!